

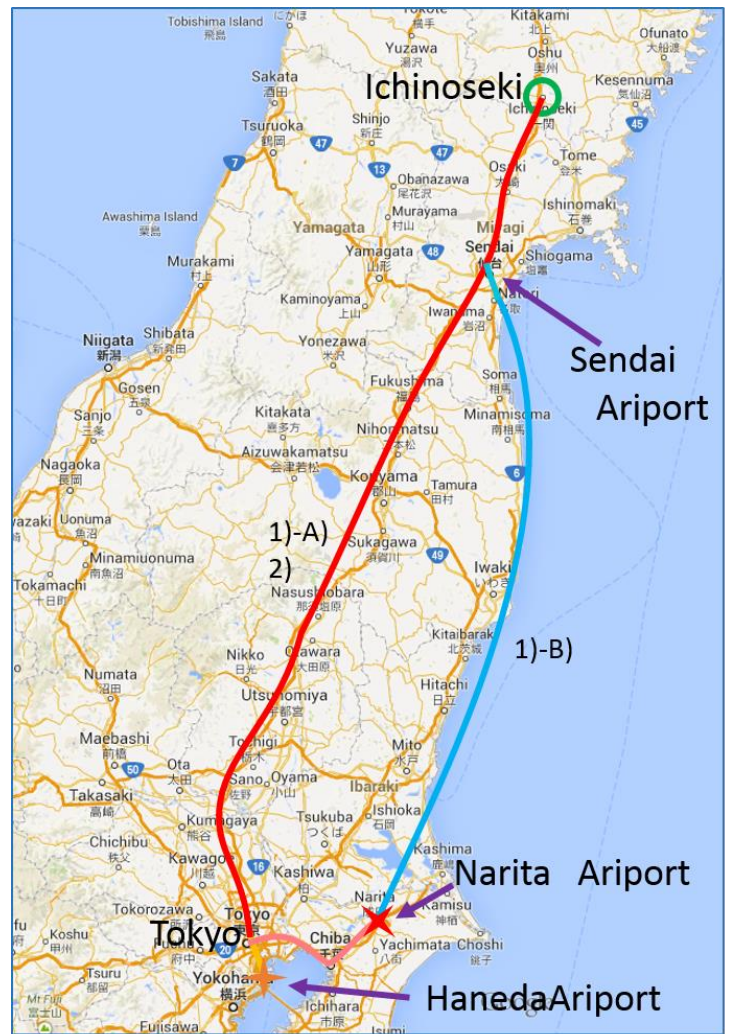
Travel information

The PDF file of this page can be downloaded [here](#).

Ichinoseki city is located about 400 km north of Tokyo. Japan Rails ESAT (JR-EAST)'s Shinkansen (bullet train line) connects Tokyo and Ichinoseki rail stations in approximately 2.5 hours, available almost every hour from 6:04 am to 8:20 pm.

Travelers arrive at Narita or Haneda airport usually take a train to Tokyo station, then change to a Shinkansen train.

The other option is to take a flight from Narita airport to Sendai airport, then take a local train to Sendai station. From Sendai station, Ichinoseki is about a half hour trip by Sinkansen.



1) From Narita International Airport

A) [Japan Rail East \(JR-EAST\)](#)'s Narita Express (NEX) to Tokyo station. (About an hour).

JR Tohoku Shinkansen (also operated by [JR-EAST](#)) to Ichinoseki station. (about 2.5 hours). Please note that not all trains stop Ichinoseki station. Make sure to take a train stops Ichinoseki station when you ride at Tokyo station.

After getting off the train at Ichinoseki station, proceed the West exit. Kura Hotel is about 300 m from the West exit of Ichinoseki station. We will provide a guidance at the station on August 26th.

Narita Airport		Tokyo		Ichinoseki	
NEX 2	07:30 → 08:57	Yamabiko45	09:40 → 12:10		
NEX 6	08:13 → 09:27	Hayabusa15	10:40 → 12:38		
NEX 8	08:50 → 09:52				
Available every half hour		Available every hour			
NEX28	14:18 → 15:14	Yamabiko57	15:36 → 18:10		
NEX30	14:44 → 15:42	Hayate113	16:56 → 19:10		
NEX32	15:14 → 16:14				
NEX34	15:44 → 16:44	Hayate115	17:56 → 20:10		
NEX36	16:19 → 17:17				
Available every half hour		Available every hour			
NEX46	18:48 → 19:49	Yamabiko59	20:20 → 22:53		

B) ANA flight to Sendai Airport (an hour)

Sendai Airport Rail to JR Sendai Station

[JR-EAST](#) Tohoku Shinkansen to Ichinoseki Station

Narita Airport		Sendai Airport		Sendai			Ichinoseki
ANA3231	10:00	11:05	11:27 → 11:44	Hayabusa 15	12:17 → 12:38		
			11:38 → 12:03	Yamabiko47	12:39 → 13:10		
ANA3235	18:55	20:05	20:40 → 21:04	Hayabusa105	21:15 → 21:45		
			21:12 → 21:37	Yamabiko59	22:20 → 22:53		

2) From Haneda International Airport

[Tokyo Monorail](#) line to Hamamatsucho Station

JR-EAST local line to Tokyo Station

JR-EAST Tohoku Shinkansen to Ichinoseki Station

Monorail trains from Haneda Airport to Hamamatsucho station and JR-EAST local trains from Hamamatsucho to Tokyo Station are available every 3 ~ 5 minutes from 5 am to midnight.

From Tokyo station, take the Tohoku Shinkansen (the same as 1) -A))

On your return

From Ichinoseki to Narita or Haneda Airport, you can take opposite direction of either 1) -A) or 1) -B) or 2). However, the arrival time in the both airports is around 4 pm even if you leave Ichinoseki around noon.

We suggest to stay one night (August 29) unless you take a midnight flight from Haneda airport.

Tips

In Tokyo station, the NEX trains arrive at the platform located on the 5th basement level and the Sinkansen platforms are on the 2nd floor level (above ground!). It is at least 10 minutes' walk even if you are familiar with Tokyo station. Those who are not familiar with Tokyo station or the ticketing system of Sinkansen, allow **at least** a half hour for transfer.

There are other options for transportation between Narita airport and Tokyo area, [Keisei skyliner](#), or [buses](#), some of them may be more convenient than the NEX trains. If you wish to choose these options, please arrange your trip by yourselves. (The LOC is happy to help you.)

A single ticket to Ichinoseki from Narita airport costs about 15,000 yen. It costs about 13,000 yen from Haneda airport. It may be a good idea to buy a [Japan Rail Pass](#), particularly if you plan a trip in Japan before or after the workshop.